

St. Francis de Sales School

Friday, September 20, 2019

Dear Parents of Cross Country Participants,

We are all looking forward to the St. Mary's Meet at Memorial South Park on *Tuesday, September 24th*. Students will be leaving by bus shortly after attendance is taken at school.

Just a reminder that all participants:

- should come to school in gym strip
- should bring a healthy lunch and snack
- should bring a towel or blanket to sit on
- should bring water to drink
- should bring appropriate clothing in case of inclement weather (e.g. rain, wind, etc.) and a change of clothes, if necessary (there is no covered area at this particular venue)
- should bring card games, books to read, etc. to pass the time (no electronics please)
- **must stay in our seating area throughout the meet unless using the washroom**
- **must have permission from a teacher before leaving the seating area with a designated parent to use the washroom and must notify the teacher upon his/her return**
- must meet with Mrs. Panganiban in our seating area to check out when they leave (if leaving with a parent)

In case of inclement weather, attending parents who have and would wish to bring a tarp or tented covering may do so. This would be appreciated.

Please be advised that if you pick up your child before the end of the meet, we prefer that you do not take him/her back to school, as remaining students have been put in combined classes to facilitate the number of staff required to work at the meet.

Should you have any questions, please contact Mrs. Luongo at the school. Best of luck to all of our participating students!

Sincerely,

Cross Country Coaches

Mrs. I. Wihak
Principal

